



**FOR IMMEDIATE RELEASE**

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### **Valley Health to Host Free Asthma Program for Children**

**FORT GAY, W.Va.** – Thursday, October 1, parents are invited to bring their children who suffer with asthma to What is Asthma?, a fun and free informational program, beginning at 4:30 p.m. at Valley Health – Fort Gay.

Megan Peterson, clinical pharmacist at Valley Health, along with Kristen Keown, fourth year pharmacy student from Marshall University, organized the program to help educate families in the area.

“Asthma is a scary condition even when a parent knows how to handle attacks,” Peterson explained. “So many families out there have not had any education about asthma, potentially compromising their child’s safety.”

The program will focus on treating and preventing asthma attacks, avoiding “thrush” with steroid inhalers and dealing with asthma while playing sports. Food will also be provided.

Peterson and clinical students from Marshall University’s School of Pharmacy will lead the program.

Valley Health – Fort Gay is located at 71 Wayne Street in Fort Gay. For more information, call (304) 648.5544. For a complete list of Valley Health services and location, visit [www.valleyhealth.org](http://www.valleyhealth.org) or call (304) 523-3334.

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*Valley Health Systems, Inc. is a network of almost thirty non-profit health centers that has been a Tri-State leader in the delivery of primary healthcare since 1975. Operating in southern West Virginia and southeastern Ohio, Valley Health provides services to nearly 70,000 patients each year. For a complete list of services or locations, visit [www.valleyhealth.org](http://www.valleyhealth.org) or call (304) 525-3334.*