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VALLEY HEALTH HOSTS DIABETES EDUCATION CLASS

STEPPTOWN, W.Va. – Diabetic patients in the Kermit community will have the opportunity to learn about the effects and treatment options at a diabetic education class, hosted by Valley Health.

A diabetic educator will be on hand April 15 from 5 p.m. to 7 p.m. to share important information about the effects and treatment of diabetes. Patients and their loved ones are encouraged to attend the class, which will be hosted at the Stepptown Multi-Purpose Senior Citizens Center.

“Education is the first step to treating and minimizing the sometimes devastating side effects of diabetes,” Amy Muncy, CFNP of Valley Health – Stepptown and organizer of the class, said. “Proper treatment is key for living a happy and functional life after being diagnosed with diabetes.”

Reservations are not required for the free class. Refreshments and door prizes will be available for participants as well as informational material. Stepptown Multi-Purpose Senior Citizens Center is located at 1 Adena Drive in Kermit, directly across the street from Valley Health – Stepptown.

According to the Centers of Disease Control and Prevention, nearly 8 percent of the nation’s population is suffering from diabetes. Diabetic patients risk complications including heart disease, stroke, amputations and blindness without proper treatment. However, through education and help from their medical provider, patients can control many of the factors that cause complications.

For more information about Valley Health’s diabetes education class, please call Valley Health – Stepptown at 304-393-4090.

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Valley Health is an integrated network of 28 primary healthcare centers and public health programs in southwestern West Virginia and southern Ohio that serves more than 68,000 patients each year. The Valley Health medical staff includes doctors, dentists, physician assistants, nurse practitioners, nurses and midwives. Valley Health offers services including family practice, internal medicine, pediatrics, OB/GYN, dentistry, psychiatry, pharmacy services, laboratory services, X-rays and ultrasounds. For more information about Valley Health, contact Lanie Masilamani, chief operating officer, at 304-525-3334 or visit www.valleyhealth.org.