



Do you have  
**Medicare?**

*Receive VIP Care.*

***Chronic Care Management  
Services are currently  
available at:***

**Valley Health - Milton**

1 Harbour Way, Milton, WV 25541  
304.743.1407

**Valley Health - Huntington**

1301 Hal Greer Blvd., Huntington, WV 25701  
304.525.0572



[www.valleyhealth.org](http://www.valleyhealth.org) |

**Chronic Care MANAGEMENT  
(CCM) Services**



## CHRONIC CARE MANAGEMENT (CCM)

CCM provides individualized care which improves health and reduces spending for individuals with chronic conditions.

### WHO IS ELIGIBLE FOR CCM?

Medicare patients with two or more chronic health conditions.

#### *Examples of Chronic Conditions*

- Alzheimer's disease and related dementia
- Arthritis (osteoarthritis and rheumatoid)
- Asthma
- Atrial fibrillation
- Autism spectrum disorders
- Cancer
- Chronic obstructive pulmonary disease (COPD)
- Depression
- Diabetes
- Heart failure
- Hypertension
- Ischemic heart disease
- Osteoporosis

3/2016



## WHY CHOOSE CCM?

Our goal is to make sure you get the best care possible. We can help coordinate your visits with other doctors, facilities, lab, radiology or other testing; we can talk to you on the phone about your symptoms; we can help you with the management of your medications; and we will provide you with a comprehensive care plan.

### ***A comprehensive care plan includes:***

- Problem list
- Expected outcome/prognosis
- Measurable treatment goals
- Symptom management
- Planned interventions
- Medication management
- Ordering of community/social services when needed
- A clear explanation of how services of agencies and specialists outside of Valley Health will be used
- Scheduled reviews and revisions of the care plan when needed

# VALLEY HEALTH

## CHRONIC CARE MANAGEMENT

### WHO PROVIDES CCM?

A nurse will be assigned to guide you through your care process. This same nurse will routinely contact you and be involved with all aspects of your health treatment.

### DOES MY INSURANCE COVER CCM?

Medicare covers most costs of CCM. Talk with your insurance company directly to find out what your copayment will be.



### ACCESS TO CCM CARE

You always have access to your CCM nurse via phone or through our Patient Portal.