



FOR IMMEDIATE RELEASE

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Valley Health Partners with Fruth to Kick Off Site Opening with Health Fair

BARBOURSVILLE, W.VA. – Saturday, July 16, Valley Health is partnering with Fruth Pharmacy to host a free community health fair at Valley Health’s new location in the Barboursville FoodFair.

Community members of all ages are invited to attend the event, which will run from 10 a.m. – 2 p.m. Fruth pharmacists will be providing health screenings including blood pressure, blood sugar and bone density. Valley Health staff will be on site answering questions about their services and offering tours of their new facility.

A nutritionist from WIC will also be talking throughout the day about the importance of healthy eating.

“It is such a unique opportunity to be able to talk to people about nutrition while in a grocery store. If people have questions about where healthy food options are, we can actually show them so they know where to go the next time they shop,” Mary Caldwell, Valley Health WIC director, said.

Participants will have a chance to enter to win bags of healthy groceries, which will be given away throughout the fair.

Children can enjoy magic shows and enter drawings. Prizes include children’s bikes and helmets to help promote a safe, active lifestyle.

Valley Health’s new health center – known as Valley Health - at FoodFair - opened on Monday, July 11. Services include sick visits, checkups and sports physicals. Patients of all ages are welcome, and no appointment is necessary.

“What sets us apart from other types of convenient care sites is that we will manage acute care issues as well as provide you the opportunity to establish a relationship as your primary care provider,” Brett Wellman, associate operations officer and FNP, explained.

Providers who will be providing care at Valley Health – at FoodFair include Lindsey Litchfield, FNP, Lauren Floyd, FNP, and Brett Wellman, FNP. The site is open Monday – Friday, 9 a.m. – 8 p.m. with plans to add weekend hours in the near future. For more information or to schedule an appointment, call (304) 399-3350.

To find out more about the health fair, call Valley Health at (304) 781-5118 or Fruth at (304) 525-0507. The FoodFair is located at 6350 US 60 in Barboursville.

For a complete list of Valley Health’s services and locations, visit www.valleyhealth.org.

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Valley Health Systems, Inc. is a network of almost thirty non-profit health centers that has been a Tri-State leader in the delivery of primary healthcare since 1975. Operating in southern West Virginia and southeastern Ohio, Valley Health provides services to nearly 60,000 patients each year.