



# HEROES IN HEALTHCARE

*Improving Lives. Strengthening Communities.*



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# From the CEO and BOARD CHAIR

Valley Health has many healthcare heroes, both individuals and teams of heroes. Certainly the three providers that were honored in 2018 are outstanding examples of individual efforts to impact clinical outcomes of patients and their families. The work of Drs. Amy Marsteller, David Whitmore, and Alvin Ginier must be applauded by all. However, it is important to say that year in and year out there are hundreds of great clinical “saves” that our providers make for patients and families. Our providers do this as part of their daily routines; be it in the office, delivery room, NTU, Lily’s Place, or the nursery. The work we do as an organization includes provider support staff who rarely get recognition as heroes yet are part and parcel to the success of Valley Health. So many efforts go forth each day in tracking referrals, test results, and assuring that a patient gets the care they need. The best outcome is achieved given a team approach and a “Team Effort.”

The Valley Health teams from the south at Steeptown, to north at Point Pleasant Pediatrics, east to Upper Kanawha and west to Coal Grove and everyone in between are all heroes. We as an organization and a Community Health Center are a hero to families in the communities we serve. As our community and nation suffer from dealing with the challenges of substance use disorder, behavioral health issues, and chronic diseases, we must work together as a team to maintain the strengths required to continue to be heroic.

The consolidating in the healthcare industry both locally and nationally may cause us to pause in our efforts as so much uncertainty is on the horizon. Fortunately, our Board of Directors and leadership maintain a clear focus on making adjustments to meet the challenges we see

going forward. Those challenges are inevitable be it financial, clinical or with government policy including those policies that relate to the health center world via HRSA and other governmental entities.

The fact is we as an organization have put the right team in place in preparation for the future. With retirements and changes, we have placed the best in new leadership. We are confident that Mary-Beth Brubeck, Vice President of Finance, will continue the outstanding work of Chief Financial Officer, Richard Weinberger, as he reduces his time in a retirement mode. The same with Dr. Matt Weimer who has taken the reigns from Chief Medical Officer, Dr. Herb Myers, who has headed back to full time clinical practice. The leadership of our Board of Directors and our Vice Presidents, Dr. Matt Weimer, MD, Vice President of Health Services/Chief Medical Officer, Mary-Beth Brubeck, Vice President of Finance/Chief Financial Officer, and Josh Hammonds, Vice President of Data Informatics/Chief Information Officer, along with the things that I continue to do as President/Chief Executive Officer will navigate the challenges of the changes we face.

We are confident that as a team, the organization will continue to be heroes in our community!

**Steven L. Shattls**  
President & CEO

**Jill Hutchinson**  
Board Chair



## Board of Directors



**Jill Hutchinson, Chair**  
Retired Consultant for Medical Malpractice Issues  
Community Health Centers & Former CEO WV Primary Care Association



**Greg Agee, Vice Chair**  
Operations Manager  
Food Service Industry



**Ben Howard, Treasurer**  
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Huntington Bank



**Sherry Perry, Secretary**  
Co-Director  
Eastern Cabell County Humanities Organization, Inc.



**Chuck Carroll**  
Community Advocate  
Special Populations



**Bill Bryant**  
Retired Principal  
Ferrellsburg Elementary



**Cokey Muth**  
Retired Operating Room RN  
Cabell Huntington Hospital



**Jared Colker**  
President  
W. Va. Electric Supply Company



**Paulette Mabry**  
Retired Consultant



**Whitney Trowbridge**  
Former Retail Manager/  
Marketing Specialist

# LEADING the Way

As a Federally Qualified Health Center (FQHC), our Board of Directors is comprised of individuals representative of our patient population, the majority of whom use the services offered by Valley Health. Through their diverse experience, our board members guide Valley Health with sound, ethical governance and financial management policies to meet the needs of our patients.

## New Board Member Spotlights



**Sherrone Hornbuckle**  
Assistant Prosecuting Attorney,  
Cabell County, West Virginia

*"I appreciate the opportunity to be on the Valley Health Board of Directors because it allows me to be on the forefront of addressing the drug epidemic and hopefully helping our youth. I see the things Valley Health is doing and feel blessed to be a part of such a wonderful organization that truly cares."*

Sherrone Hornbuckle is a Huntington native dedicated to youth in the community. In her role as Cabell County Assistant Prosecuting Attorney, she handles juvenile cases and those involving domestic violence. Sherrone's path to where she is today started with her first job out of law school as a clerk for a local attorney, William L. Redd, Esq, where she helped clients obtain their Social Security Benefits. Her next step was as an attorney at Legal Aid of West Virginia where she assisted victims of domestic violence as well as members of the Veteran population. Sherrone's passion to help others never stopped and in January 2017, Sherrone decided to help victims in the criminal process and thus is in the role she holds today.

Sherrone's greatest pride and joy is her now eight-year-old son, Jolon. She thanks Jolon and her mother, Frankie Hornbuckle, for making each day "a ball of fun."



**Suzi Brodof**  
Executive Director, River Valley Child Development Services

*"I have used Valley Health as my primary care practice for many years and have always been very happy with the personal caring service I have received there. It has been exciting to watch Valley Health's growth over the years. I was very honored to be chosen to serve on the Board of this amazing organization."*

Suzi Brodof, while born in Cleveland, Ohio, has lived in Huntington most of her life and has been very happy to call it home. She started her career in education, specializing in both elementary and special education. For the last 27 years, however, Suzi has worked for River Valley Child Development Services in roles that have included child care director and program director for a statewide apprenticeship program. For the past 10 years, Suzi has been at the helm as the organization's executive director.

In her free time, Suzi loves to travel, read and spend time with her husband of 47 years, her children and three grandchildren.



## Executive Leadership

In response to Valley Health's growth as a dynamic and progressive organization and with several leaders who are preparing to retire, Valley Health Systems in September 2018 announced key administrative and clinical promotions within its ranks.

Among Valley Health's executive leadership team, all of whom are identified below, are individuals who earned promotions in the September transition. Promoted to vice presidential roles were Mathew Weimer, MD, as Vice President of Health Services and Chief Medical Officer; Mary-Beth Brubeck as Vice President of Finance; and Josh Hammonds as Vice President of Data Informatics and Chief Information Officer. Other clinical promotions included Brett Wellman, FNP-C, to the position of Chief Quality Officer and Associate Operations Officer; and Debbie Zuberbuehler, RN, to the position of Chief Nursing Officer and Associate Operations Officer.



**Steven Shattls**  
President & CEO



**Mathew Weimer, MD**  
Chief Medical Officer  
Vice President of  
Health Services



**Mary-Beth Brubeck**  
Vice President of Finance



**Josh Hammonds**  
Chief Information Officer  
Vice President of  
Data Informatics



**Brett Wellman, FNP-C**  
Chief Quality Officer  
Associate Operations Officer



**Debbie Zuberbuehler, RN**  
Chief Nursing Officer  
Associate Operations Officer

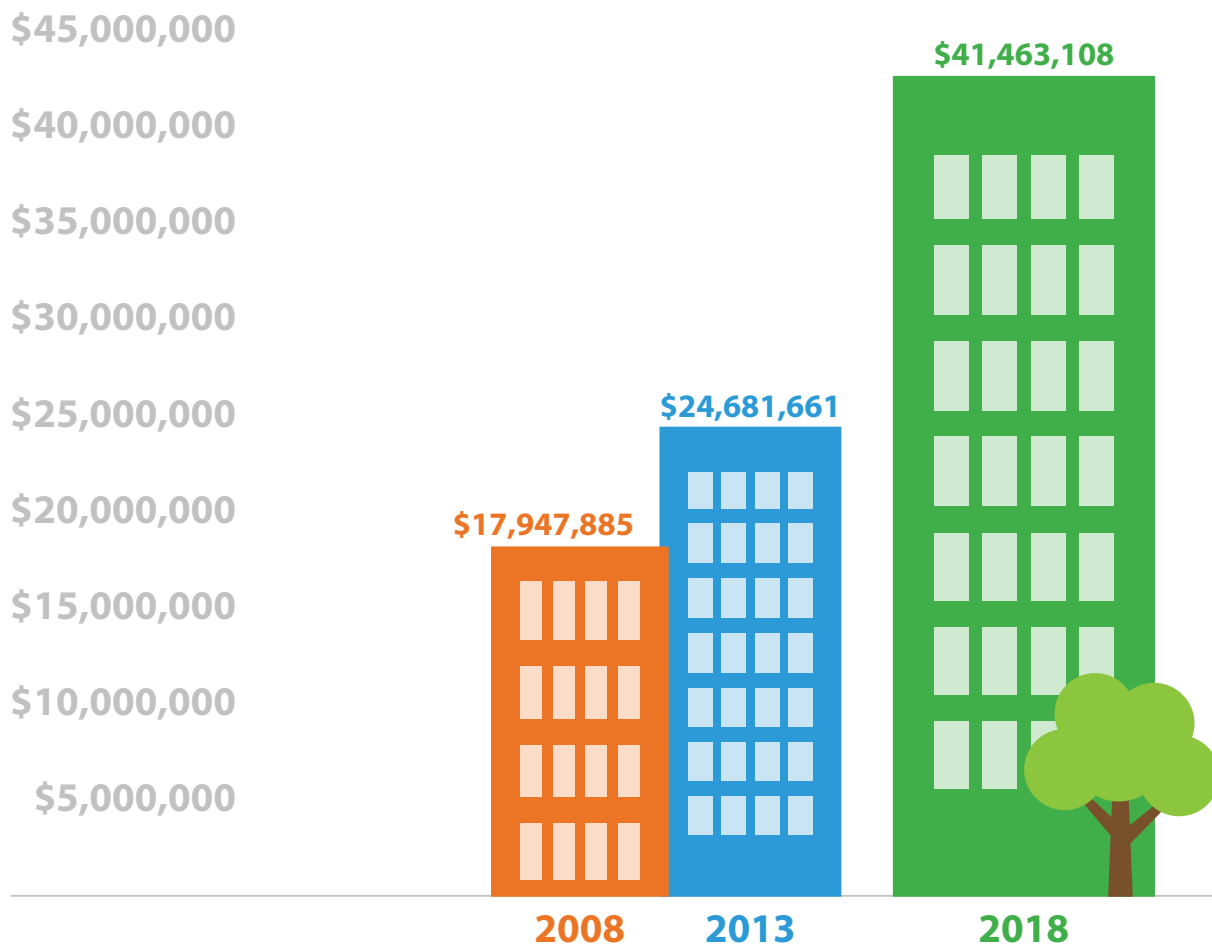
# Valley Health's FINANCIAL PERFORMANCE



One of Valley Health's contributions to the communities it serves is by way of being an employer. We continue to grow and hire as the demand for additional

sites and services are met. In just one decade, Valley Health has more than doubled the dollars spent on salaries and benefits for its growing workforce.

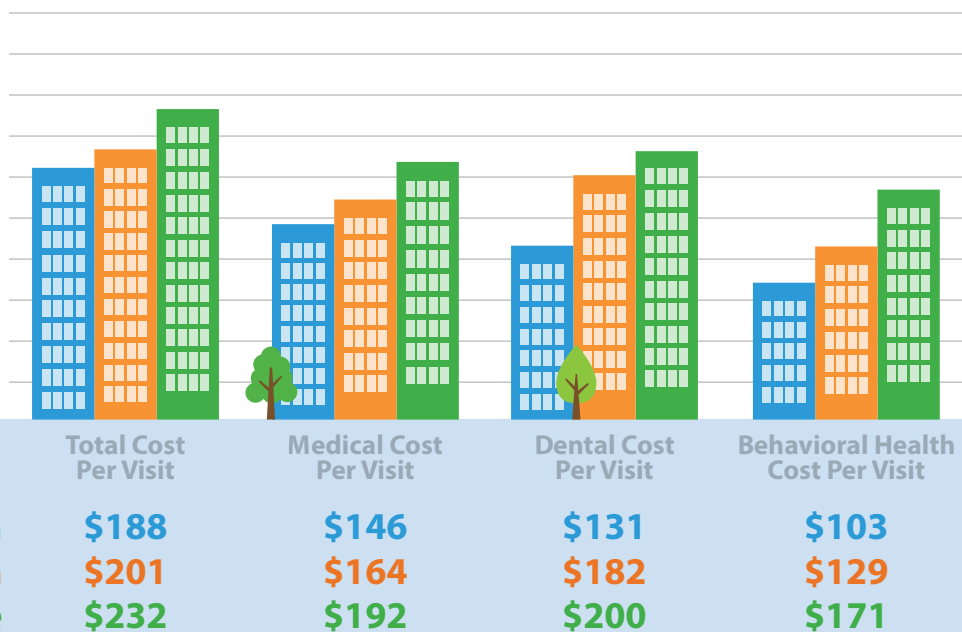
## Salaries and Benefits



Although Valley Health's costs (particularly salaries & benefits) have dramatically increased, the organization continues to monitor the expenses of delivering services and meeting our mission. The comparisons on both a state and national level demonstrate Valley's ability to meet high quality standards at a lower than average cost.



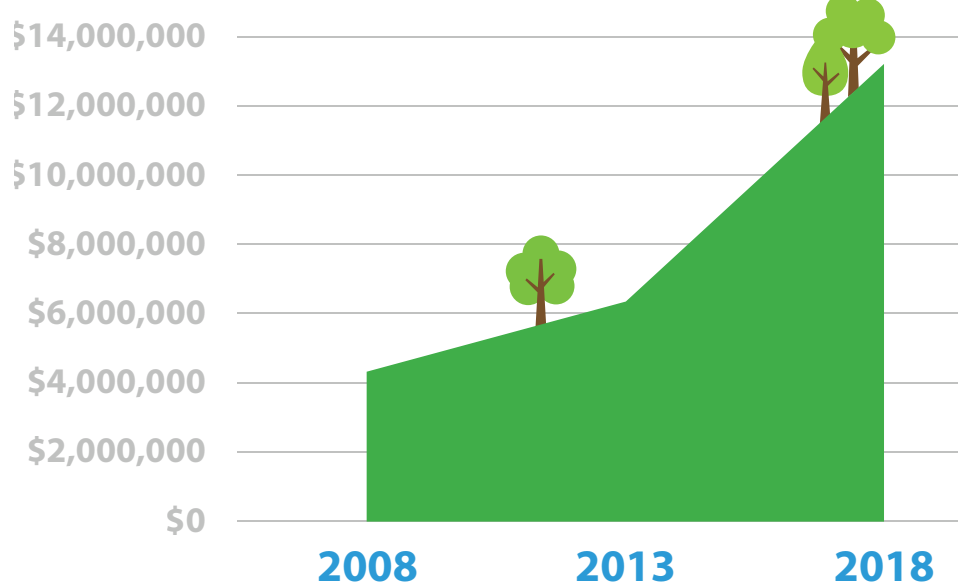
### Cost Per Patient



### Cost Per Visit

## Working Capital Margin

As indicated by our growth in payroll over the past 10 years, Valley Health has continued to expand with locations and services. Expansion, however, has been possible with an increasingly strong financial position that demonstrates stability and financial health. Valley Health's change in Working Capital margins over the past decade is a measure of the organization's efficiency and ability to meet short term liabilities.



## Long Term Debt to Equity

To further demonstrate Valley Health's continued, stable financial position, the Long Term Debt to Equity graph emphasizes the conservative approach with which Valley Health has expanded. The management of debt-related

activities continues to provide sufficient opportunities for Valley Health to grow, while maintaining a low amount of risk to the operations and sustainability of the organization.



# Behind the Numbers: A Tribute to RICHARD WEINBERGER, CPA

As Valley Health reflects on its growth, we pay tribute to an employee whose financial leadership has helped guide the way. Chief Financial Officer Richard Weinberger joined Valley Health in 1996 when he was recruited to help stabilize and strengthen the financial position of the company. His decision to accept the challenge was what he considered one of his biggest moves, personally. Richard, a Certified Public Accountant, was leaving a career of public accounting and independent auditing of 20 years to join an organization where the demand for its mission to extend services was growing at a faster rate than the cash that was coming in to support expansion. Richard was familiar with Valley Health as a client of Hayflich & Steinberg, CPAs and knew several of the administrative and clinical leadership personally.

Richard approached his new role at Valley with an organized vision in his mind of where and how he wanted to see the company grow. Knowing that the majority of patients served were covered by West Virginia Medicaid, he first focused on our reimbursement from the state. His project included the amendment of multiple cost reports, which led to a higher prospective payment system (PPS) rate going forward, and a large one-time payment to Valley that allowed Valley's debt service, which had grown significantly, to be satisfied. That initial focus set the stage for Valley's relationship today with Medicaid as Valley continues to hold the state accountable for recognizing our cost structure. Valley continues to follow Richard's logic in continual demand for appropriate reimbursement from West Virginia Medicaid for the services we provide their beneficiaries.

Another initiative that Richard led was shifting Valley Health's employee benefits plan from being 'self-insured' to one that participates in a PEIA comprehensive plan. Not only did this result in significant savings for the organization and an expansion of benefits for employees, it also allowed the opportunity for Valley to bill PEIA when employees were seen as patients within the system. Although, like most other health insurances, PEIA's benefits have diminished over time, the option remains the cheapest for the company and offers an incentive for employees to be cared for by Valley's own quality providers. Richard continues to provide guidance on analyzing employee benefits, ensuring that provided benefits are mutually beneficial to the organization and its employees.

As Richard continued to monitor the finances, he recalls identifying an area that was underperforming and adding significant cost to Valley. At that time, there were two pharmacy locations at Valley: on Hal Greer and in Pretera. The absence of quality controls and financial

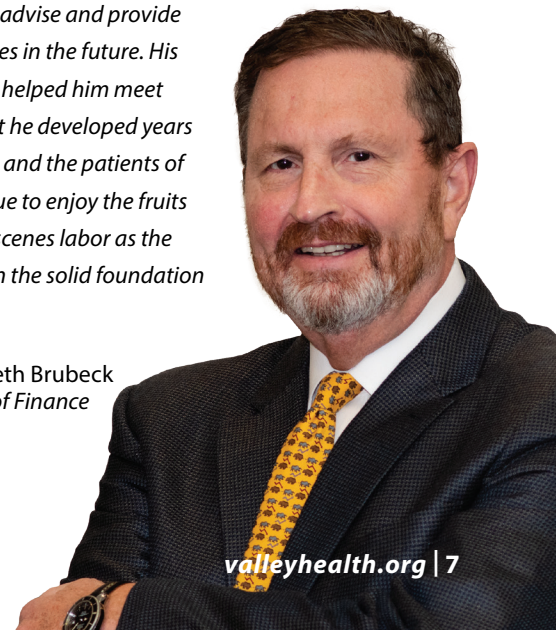
structure resulted in losses for this service line that made it impossible to ignore. With Richard's advisement, the pharmacy service line was cut to one location, and procedures were put in place to allow for a new start, which eventually led to a profitable pharmacy positioned to expand as the need was identified.

The addition of Valley Health Diagnostics came under Richard's guidance as well. His recollection of the lab's early years is fraught with the challenges of appropriate billing schedules that had to be worked out with Medicare and high lab fees that an outside party was charging Valley as part of the initial business. Richard persevered by placing strong oversight in the management of the lab and identifying ways in which Valley could perform all service aspects without the high-priced outside party. The lab now performs very well financially and has proven many times helpful in delivering high quality care to our patients.

Finally comfortable with the financial position of the organization, Richard began to focus on supplemental revenue opportunities. With encouragement from fellow administrators, Richard contacted an FQHC in another state to discuss the notion of joining the 340b Program. Knowing Valley Health was eligible to participate in the program, Richard proceeded to work with community pharmacies to partner with Valley in 340b contractual relationships. These contractual relationships have allowed a growing revenue opportunity that is designed to capture savings in drug prices (for the contractual pharmacies) which are shared with Valley Health (as the FQHC) with the intent to reinvest dollars into the organization that allow for community health center growth and sustainability.

*"Richard has been a mentor to those who have worked closely with him and will continue to advise and provide guidance on various issues in the future. His steady perseverance has helped him meet this organized vision that he developed years ago. Both the employees and the patients of Valley Health will continue to enjoy the fruits of his quiet, behind-the-scenes labor as the organization builds upon the solid foundation he helped to lay."*

- Mary-Beth Brubeck  
Vice President of Finance





# Improving **LIVES**

*"We will work together to build a healthier community through the delivery of high quality care. We will do it - one patient at a time."*

# Heroic STRATEGY

Valley is pursuing a call, an invitation to strengthen our communities and improve patients' lives in the face of a transforming healthcare system. Much like a hero's journey, this pursuit is taking place in a seemingly ordinary world, but in fact, it has Valley crossing a threshold into a different world. It is a world where Valley must contend with the rapidly changing expectations of healthcare consumers, the evolving dynamics of access and quality moving at the speed of light and increasingly uncertain funding and revenue opportunities. Valley has approached its mission heroically throughout 2018. Valley has been decisive and coordinated in its response to every challenge and opportunity.

On August 13, 2018, a select group of management team members endeavored to complete an annual review of the strategic plan adopted by Valley in 2017. The strategic imperative faced by these individuals was to discuss the evolution of the adopted strategic plan in the face of the ever-changing landscape of healthcare in Valley's region and ferociously dig into the existing elements of change to better the future of Valley and its patients. The themes and the resulting

recommendations are anticipated to be incorporated into the existing 2017 strategic work plan and subsequently, adopted by Valley's Board of Directors.

Understanding the healthcare environment allows Valley to take a proactive approach to make a difference and face the challenges of reimagining healthcare delivery in our region. Navigating the ever changing legislative and regulatory environment in the face of significant advancements in technology, science, new care models, consumer preferences and chronic diseases ensures that Valley is on the path of forward-thinking solutions.

There are multiple factors driving healthcare trends and shifts that will influence the direction which Valley takes in the future. One factor is the transition to value-based care from the traditional fee-for-service model. Another factor is the drive to improve patient outcomes through population health management where patient engagement and care coordination are priorities. New technology and the consumer's desire for convenience are additional factors which are reshaping the development of the patient-provider relationship and healthcare delivery. An important factor to acknowledge is the transition of government staff and the revision of policy. This is a constantly moving target which impacts every aspect of healthcare delivery.

Given these driving forces, Valley is on the front lines of the transformation in healthcare. Our path forward is premised on several guiding principles and strategies based on access, value, partnerships and innovation. Successful organizations, like Valley, have a management team that has a fluid understanding of these concepts and the ability to translate them into processes that result in meaningful routine execution by providers and staff which ultimately benefits our patients and strengthens our communities.



# Perfect Score on HRSA AUDIT ACHIEVED

As evidence of successful strategic implementation and dedication to quality, Valley Health successfully achieved a score of 19 out of 19 in December 2017 on the Operational Site Visit (OSV) completed by the Health Resources and Services Administration (HRSA). Valley Health is one of the few community health centers in the nation to be recognized as an exceptional health center with a perfect score.



HRSA, an agency of the U.S. Department of Health and Human Services, is the primary federal agency designated to improve health and achieve health equity through access to quality services, a skilled health workforce and innovative programs. As a federally qualified health center, Valley Health participates in a scheduled HRSA OSV to ensure compliance and continued federal funding. The OSV is an extensive audit that assessed compliance with 19 key program requirements in four main areas: need, services, management and finance, and governance.

*“These significant accomplishments are a reflection of the hard work and commitment that Valley Health has for our patients and the community.”*

Steven Shattls, *President & CEO*

# National Recognition for OUTSTANDING SERVICE

Improving the lives of patients is at the core of our purpose. Valley Health was pleased to be recognized this past year by the National Committee for Quality Assurance (NCQA) for our outstanding efforts in evidence-based, patient-centered care. All of Valley Health’s core primary care locations, 15 in total, received the highest level of accreditation and achieved recognition as Level 3 Patient-Centered Medical Homes (PCMH).

A PCMH focuses on care coordination and communication that consistently results in high quality outcomes for

patients, improvement in the experience of care and the reduction of per capita costs. To achieve PCMH recognition, Valley had to demonstrate its ability to meet key program elements: coordination of care among the team of providers caring for the patient; collaboration and partnership between the patient and provider in decision-making; better access through expanded hours; and following nationally accepted guidelines for preventive care and chronic disease management.



# Quality MEASURES

## Uniform Data Systems 2017 Review

Improving the lives of patients is grounded in close attention to clinical quality. One of the important ways Valley Health tracks clinical quality is through use of the Uniform Data System (UDS). The UDS is the mechanism through which community health centers must report every year on a variety of important measures related to cost, clinical quality, staffing, and patient demographics. Health center performance for cost and quality are compared year-over-year for the health center itself, which is also compared to state and national averages.

Valley Health had another successful year in 2017 from the standpoint of cost and quality, as noted in our annual Uniform Data Systems report.

## Key Statistics and Highlights

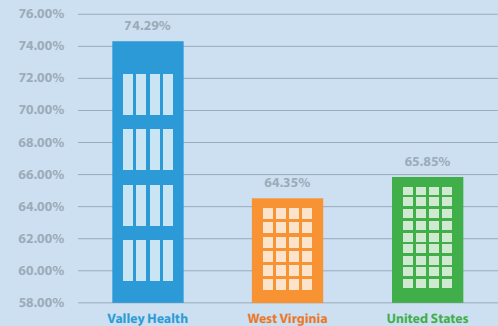
Valley Health was in the 1st or 2nd quartile nationally for 12 of the 16 clinical measures.

Valley Health improved quartiles over our placement last year in four measures:

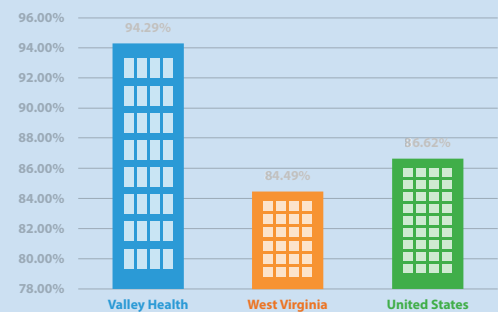
- Weight Assessment and Counseling for Nutrition and Physical Activity for Children and Adolescents
- Use of Appropriate Medications for Asthma
- Coronary Artery Disease (CAD): Lipid Therapy
- Ischemic Vascular Disease (IVD): Use of Aspirin or Another Antithrombotic

**Cost:** the total cost per patient for Valley Health Systems was \$759.07, which is below the West Virginia average of \$797.00 and well below the national average of \$941.97.

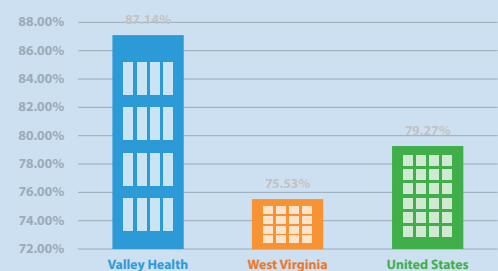
### Pediatric Weight Management



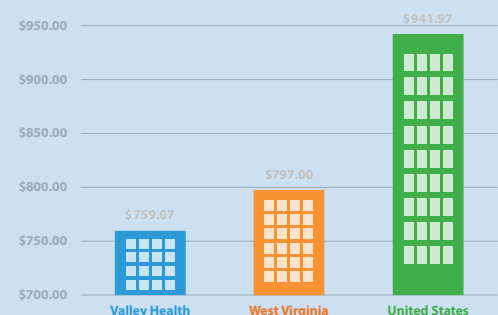
### Asthma Medication Management



### Ischemic Vascular Disease: Use of Aspirin



### Total Cost Per Patient



# Value-Based CARE

**V**alue-based care is a form of reimbursement that ties payments for care delivery to the cost and quality of care, rather than the volume of care provided. This model is related to four goals: to improve the health

of the population; reduce care costs; improve patient experience; and ensure provider satisfaction. One of the primary models of value-based care delivery is the Accountable Care Organization.



## Accountable Care Organization

Valley Health is in an Accountable Care Organization with several other Community Health Centers in West Virginia in partnership with Aledade, a company based out of Bethesda, Maryland. According to Aledade, “Accountable Care Organizations (ACOs) are groups of doctors, hospitals, and other health care providers who come together voluntarily to give coordinated high quality care to their Medicare patients.”

The goal of coordinated care is to ensure that patients, especially the chronically ill, get the right care at the right time, while avoiding unnecessary duplication of services and preventing medical errors.

When an ACO succeeds both in delivering high quality care and spending health care dollars more wisely, it will share in the savings it achieves for the Medicare program.

## Chronic Care Management

Valley Health Systems CareConnect: Chronic Care Management (CCM) is a type of care delivery reimbursed by Medicare since 2015. The program is available for Medicare beneficiaries who have two or more chronic conditions that are expected to last at least 12 months. Clinical team members must spend 20 minutes or more each month managing the care for these patients. This management most frequently occurs in the form of telephone calls to patients, during which the care manager provides a variety of services, which may include medication reconciliation, updates on medical events that the patient has experienced, and counseling on chronic disease self-management. Valley Health has committed to establishing and growing CCM through the Valley Health CareConnect program and has hired a group of care managers, all of whom have clinical experience and are fully committed to CCM.

CareConnect is now available at all Valley Health locations where Medicare patients are seen for primary care, and the program currently has more than 300 participants.

### Transitional Care Management

Transitional Care Management (TCM) visits are hospital follow-up visits for Medicare patients that occur within 7-14 days of hospital discharge. The primary care practice must have an interactive contact with the patient within two business days of discharge, and then the patient must be seen at a health center within the required timeframe. At Valley Health, the TCM program is overseen by clinical pharmacist, Megan Peterson. As medication reconciliation is one of the most critical components of transitioning from the hospital to the outpatient setting, the clinical pharmacy team is the ideal lead for this work. The Valley Health TCM team identifies hospital discharges

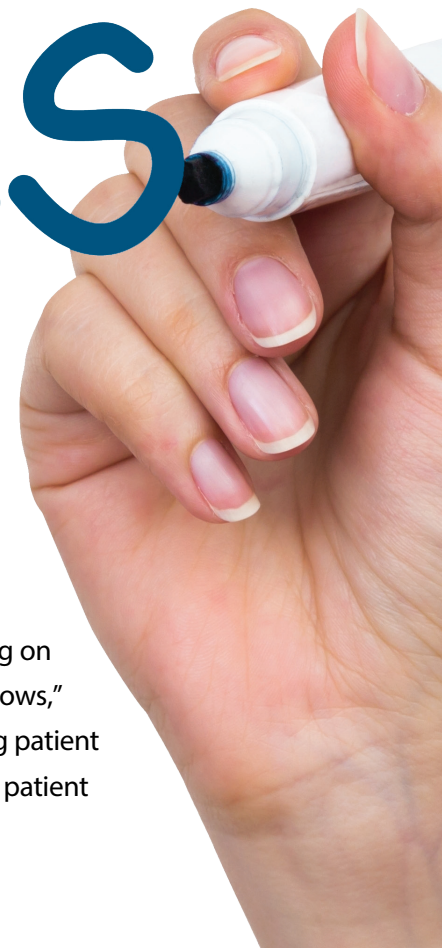
with software provided by our ACO partner, Aledade, and through an interface with the West Virginia Health Information Network (WVHIN) Encounter Notification Service (ENS). When the TCM team learns of a discharge, relevant hospital records are acquired and reviewed and a summary note is written for the primary care provider. At the time of the TCM visit, the provider has all of the relevant information about the nature of the admission and any medication changes and follow-up testing or treatments that were recommended. Moreover, the primary care provider also has current pharmacist recommendations available to them as part of the TCM process. This valuable service improves patient care and provider experience as it allows the provider to focus on the most important components of the disease state and management related to the hospitalization, and we anticipate a reduction in one hospital readmission for every eight TCM visits that take place.

# DIABETES

## Education

**T**he Certified Diabetes Education (CDE) Program at Valley Health is another important program that is improving the lives of patients. Now wrapping up its third year, Valley Health first received full accreditation through the American Association of Diabetic Educators in 2016. We currently have three CDEs with a combined 1.5 FTE dedicated to diabetes services. Since accreditation, we have expanded our CDE services to cover all Valley Health locations across the region. In the first 12 months after receiving accreditation, our CDEs saw 351 unique patients with an average entry A1c of 8.63%. Because of the hard

work and dedication of our patients and CDEs, our patients saw an average A1c reduction of 1.11%. We are continually striving to improve our program focusing on reducing appointment “no shows,” increasing referrals, improving patient participation and checking of patient knowledge retention.



# HEAR Life

## Ear, Nose and Throat Services

Valley Health gained the opportunity in 2016 to improve lives in a new way when approached to acquire one of the region's premier Ear, Nose and Throat (ENT) practices, Tri-State Otolaryngology. Two years later, surgeons Thomas Jung, MD, PhD, and Mark Sheridan, MD, FACS, are glad they made the move. Noting that they no longer have to worry about administrative duties such as negotiating with insurance companies, managing personnel and the day-to-day tasks of running a medical practice, they are now in a position, under Valley Health's umbrella, to concentrate their full efforts on providing the best possible care to patients.



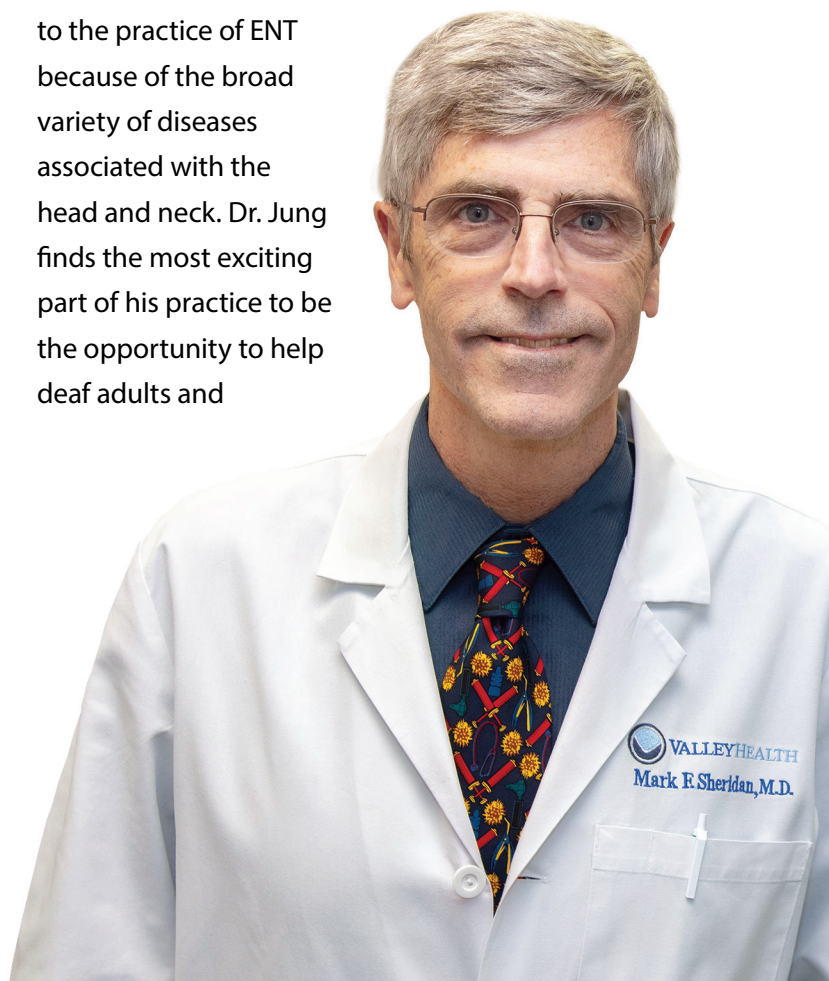
Dr. Sheridan enjoys the entire range of ENT surgical procedures noting that sinus surgery is particularly rewarding given that it can so markedly improve a patient's quality of life. With the many advancements in treatment regimens over the last 30 years, he also finds treating patients with cancer very fulfilling. Motivated to

**Mark Sheridan, MD, FACS**  
Otolaryngologist

become an ENT by an uncle who experienced head and neck cancer and by the fact that he can help with so many different medical problems across patients of all ages, Dr. Sheridan feels a responsibility to educate his patients about their diagnoses and treatment options.

As a general otolaryngologist, he sees patients with hearing loss, recurrent ear infections, chronic tonsillitis, chronic sinus issues, allergies, skin cancer, head and neck masses, both benign and malignant, nasal obstructions and speaking difficulties.

Dr. Jung, the region's only fellowship-trained neurotologist, treats patients of all ages from newborns to his oldest, who is 101, stating, "I truly enjoy seeing them and in some small way making their lives a little better." He was attracted to the practice of ENT because of the broad variety of diseases associated with the head and neck. Dr. Jung finds the most exciting part of his practice to be the opportunity to help deaf adults and

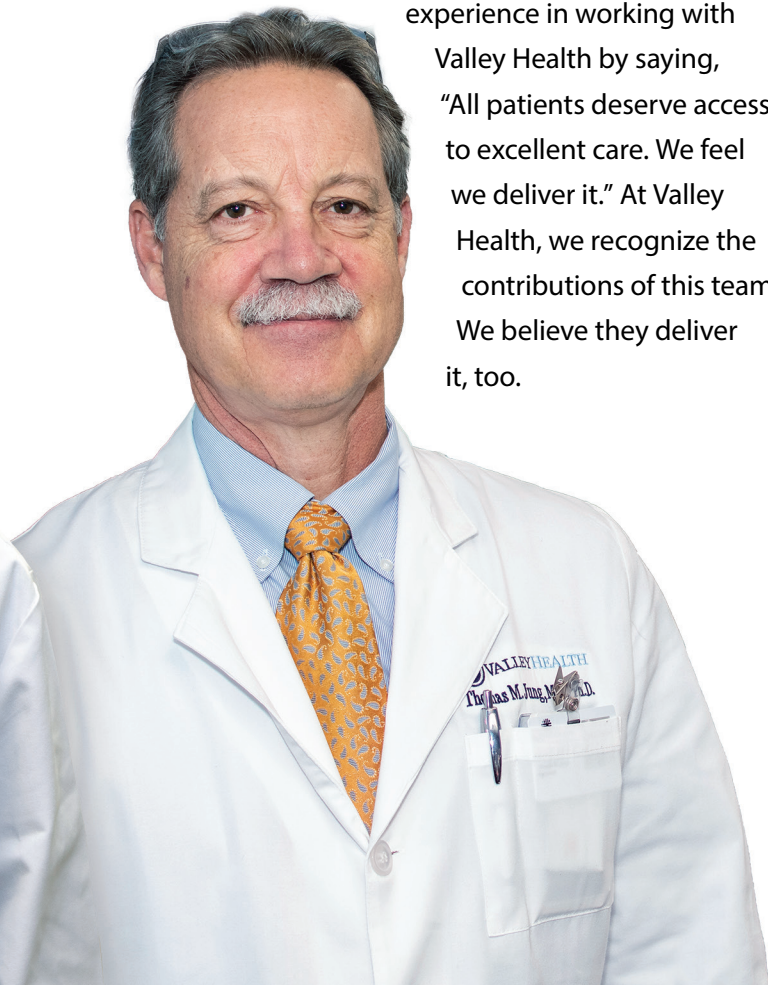




children enter and become a part of the hearing world through cochlear implantation. Dr. Jung is one of the few and most experienced surgeons in West Virginia performing this life-transforming procedure.

Other commonly utilized services on Dr. Jung's side of the practice include audiograms for children and adults, auditory brainstem reflexes and otoacoustic emissions for newborn hearing screenings, diagnostic fiberoptic laryngoscopy for vocal cord and swallowing pathology, myringotomy and tube placements for chronic middle ear effusions, therapeutic middle ear injections for sudden hearing loss, and vertigo secondary to Meniere's disease, which is an area of special interest.

Dr. Sheridan sums up the teams' experience in working with Valley Health by saying, "All patients deserve access to excellent care. We feel we deliver it." At Valley Health, we recognize the contributions of this team. We believe they deliver it, too.



**Thomas Jung, MD, PhD**  
Otolaryngologist &  
Neurotologist

## Audiology

**B**oth Dr. Jung and Dr. Sheridan agree that the audiologists at Valley Health – ENT are an integral part of the practice. Not only do they perform hearing tests, auditory brainstem reflexes, otoacoustic evoked potentials and cochlear implant mapping, they are



also able to perform a battery of inner ear tests and confirm diagnoses in relation to balance issues. The audiologists also have tremendous expertise in hearing aid recommendations to best suit each individual patient. The advantage to patients, compared to those seeking service from stand-alone hearing aid dispensers, is that they have physician backup for evaluation of difficult hearing pathology. There is also tremendous benefit in that Valley Health offers the best prices on hearing aid products in the area.





## National Health Center Week: **RECOGNIZING HEALTHCARE HEROES**

Valley Health Systems celebrated National Health Center Week in August 2018 by recognizing three providers as its Healthcare Heroes of the Year. Nominated by a panel of clinical administrators, Dr. Amy Marsteller, Dr. David Whitmore and Dr. Alvin Ginier were recognized for exhibiting exceptional examples of patient care in the categories of quality, teamwork and advocacy. Valley Health employees, patients and community members voted throughout National Health Center Week for their favorite story of patient care and while Dr. Marsteller took top honors as the people's choice after nearly 3,000 votes were tallied, we know that all three physicians - and more importantly their patients - are true winners.

# QUALITY

**M**att is a 43-year-old patient who established care with Dr. Amy Marsteller at the Valley Health - East Huntington location. Matt's decision to see Dr. Marsteller was predicated by the loss of over 20 pounds in a three week period and approximately 50 pounds total. Food would often get stuck in Matt's throat causing frequent incidences of choking, gagging and vomiting.

**Dr. Amy Marsteller's quick diagnosis is the reason her patient is still here today.**

Knowing that these symptoms could range from a mild to serious condition, Dr. Marsteller ordered a routine assessment panel. It would have been reasonable for her at this point to have provided orders, prescribed medication, and scheduled a follow-up if symptoms persisted. But Dr. Marsteller took the time to listen to Matt's primary complaint and made the decision to make an immediate referral to a gastroenterologist. She recommended an EGD test, which is a scope of the esophagus and stomach.

As a result of the EGD, Matt was diagnosed with esophageal cancer. A tumor was blocking a significant portion of his lower esophagus and the opening into his stomach. On the day of his scope, Dr. Marsteller met with Matt to explain the diagnosis, answer his questions and discuss treatment options even though it was her day off.

Since the diagnosis was made, Dr. Marsteller has continued to participate in Matt's care and follow his journey for treatment at the University of Pittsburgh Medical Center. The staff at Valley Health - East

Huntington also continues the battle with Matt and surprised him at a recent office visit by purchasing and wearing T-shirts labeled "Gang Greene" in support of his treatment. As a leader in quality care, Dr. Marsteller's thorough evaluation helped guide Matt to the treatment he's currently receiving. If the condition had not been diagnosed in such a timely fashion, Matt doesn't know if he would still be here today.



# TEAMWORK

Ciara is a 27-year-old QuickCare walk-in patient who was seen by Dr. David Whitmore at Valley Health - Huntington. She was complaining of a sore throat, sinus pain and runny nose that she had been experiencing for approximately one week. The case seemed routine and could have been easily dismissed as one of a variety of common throat and upper respiratory infections. However, during the physical exam, Dr. Whitmore noticed what appeared to be a lump on the lower front area of her neck and was suspicious that it might be related to a thyroid problem. Instead of referring Ciara back to a primary care doctor or rescheduling her for an additional workup, he treated her presenting complaint and also ordered an ultrasound of her thyroid to further assess the lump.

Soon after Ciara had the ultrasound, Dr. Whitmore received a concerning report that she had suspicious masses on both sides of her thyroid gland that would need to be biopsied. Ciara was immediately referred to the ear, nose, and throat surgeons at Valley Health - ENT for further evaluation. She was unable to make the subsequent follow-up appointment. Knowing that follow-up treatment for Ciara was highly important, the offices of Valley Health - Huntington and Valley Health - ENT were diligent. They sent a total of nine correspondences to Ciara until she was finally seen at Valley Health - ENT. A biopsy confirmed the diagnosis of thyroid cancer. Ciara had surgery to successfully remove the cancerous tumors from her thyroid gland. With chemotherapy treatments and thyroid replacement medication, she is doing well today and has a good prognosis.

Dr. David Whitmore's **thorough evaluation** of a commonly seen illness put the patient on track to treatment.

In the case of Ciara, the situation could have easily gone undetected if not for the attention provided by Dr. Whitmore at her walk-in sick visit during QuickCare hours. Furthermore, without the persistence of the staff at both Valley Health - Huntington and Valley Health - ENT, the patient may have slipped through the cracks, causing her condition to progress to a point where serious long-term health consequences would have been unavoidable. Her case is a testament to the teamwork provided by Valley Health.

# ADVOCACY

**J**oshie is a nine-year-old patient who presented for an eye exam with Dr. Alvin Ginier at Valley Health - East Huntington. Joshie's mother had concerns about his eye looking different at times. He was also experiencing blurred vision and visual disturbances. Upon examining Joshie, Dr. Ginier observed decreased eye motion as well as a large lesion in the affected eye after dilation. The immediate concern was for a condition known as retinoblastoma, which would require urgent intervention and likely the surgical removal of the eye to preserve the child's health.

Due to the family's insurance plan, Dr. Ginier was struggling to locate an eye surgeon who would accept Joshie as a patient. He did locate another eye care professional to provide a second clinical opinion, and that provider also agreed with Dr. Ginier's suspicion of a retinoblastoma. Dr. Ginier was unable to locate an eye surgeon anywhere in the region who could help in this case. The Valley Health team continued to search on behalf of the patient and came across the team at St. Jude's Hospital in Memphis, Tenn. Joshie was referred to St. Jude's, and the initial assessment there also concluded that the patient had a retinoblastoma.

Dr. Alvin Ginier and the optometry team **advocated for access** to advanced eye care for a young patient.

However, the day before he was scheduled to have his eye surgically removed, four members of the pediatric ophthalmology team conducted one last detailed exam. As a result, the diagnosis was changed from a

retinoblastoma to toxoplasmosis, a condition predicated by a parasitic infection.

After treatment at St. Jude's, Joshie and his mother were able to return home and continue routine care and treatment with Dr. Ginier. The access to such high quality care is largely due to the advocacy displayed by Dr. Ginier and his eye care team. As a group, they went above and beyond not only to identify a serious health problem, but to search a multi-state area to find world-class treatment and specialists to address Joshie's condition – ultimately without surgery. Joshie's mother referred to Dr. Ginier as a Godsend, and even reported that he and his team went so far as to provide money out of their own pockets to assist with travel and expenses. Valley Health is fortunate to have providers who truly put patients first.





# Strengthening **COMMUNITIES**

*"Small acts multiplied by our hundreds of employees are fortifying the communities we serve."*

# Internal Employee Campaign Yields Thousands FOR LOCAL CHARITIES

**M**ore than \$9,000 was evenly divided and distributed to five local charities by Valley Health Systems, Inc. this past May.

At the organization’s headquarters, Valley Health President Steven Shattls, surrounded by employees, handed out checks to agency representatives from CONTACT 24 Hour Rape Crisis Center; Branches Domestic Violence Shelter; Hospice of Huntington; Ronald McDonald House Charities, Inc., of Huntington and Ronald McDonald House Charities, Inc., of Southern West Virginia.

The money was raised by a unique internal fundraising campaign that took place at the end of 2017, in which Valley Health employees purchased specialty T-shirts for \$40 each. Valley Health covered the cost of the shirts so that all money raised by sales went into an account to directly benefit the five employee-selected charities. As a reward for participating in the project, employees

received the benefit of wearing their T-shirts and jeans every Friday in 2018.

Numerous employees paid above the stated price to bolster the amount raised by the campaign. The T-Shirt Campaign raised a total of \$9,164.



**Photo opposite, from left to right:** Amanda McComas, Executive Director at Branches Domestic Violence Shelter • Melanie Hall, President & CEO at Hospice of Huntington • Sharon Pressman, Executive Director at CONTACT Rape Crisis Center • Steven Shattls, President & CEO at Valley Health Systems • Evan Osborn, Development Director at Ronald McDonald House of Southern West Virginia • Jaye Toler, Director of Development at Ronald McDonald House of Huntington



# A CELEBRATION OF COMMUNITY & HERITAGE

## Paying Tribute to the Mountaineer Opry House

**A**fter operating for nearly 46 years and more than a thousand shows, including performances by local as well as nationally famous musicians, the Mountaineer Opry House was razed in late summer to make way for construction of a new, modern Valley Health – Milton health center.

To pay tribute to the Opry House, Valley Health sponsored a memorable farewell party for its many fans by inviting the public to attend a free performance of the Nashville-based Williamson Branch band. The well-attended event included a clogging lesson from Williamson Branch band members and a jam session with local musicians. The Williamson Branch show was outstanding and greatly enjoyed by the audience. Larry and Mary Stephens



*From left to right: Angie Wellman, Mary-Beth Brubeck, Karen Villanueva-Matkovich, Matt Williamson, Courtney Meese, Jerry Wilson, Mandi Pitsenbarger and Josh Hammonds*



who had managed the Opry House since 1991, were honored during the event, as were members of the Paul King family, owners of the property.

After being on the market for years, Valley Health Systems, Inc., committed to purchase the property on which the Opry House sat to enable the construction of a modern health center in Milton and to offer an expanded level of services to meet the public's demand.

Understanding the sentimental attachment of the property to the community, Valley Health will continue to commemorate the Opry House as it moves through the construction process so that the history of this property is preserved in a meaningful way. Valley Health further plans to name the street entering the property as Larry and Mary Stephens Way to honor the couple who had so faithfully tended to the property for 27 years.



*The Williamson Branch Family*



# BREAKING GROUND to Expand Services in Milton



*From left to right: Senior Regional Coordinator Mike Browning, Cokey Muth, Milton Mayor Tom Canterbury, Bill Bryant, Jill Hutchinson, Congressman Evan Jenkins, Valley Health President & CEO Steven Shattls, Paulette Mabry and Sherry Perry*

Valley Health set the stage to strengthen its service offerings in Milton, W.Va., by breaking ground August 13, 2018, on a new 15,000-square-foot, \$4 million community health center that will house everything from family medicine to behavioral health and dentistry. It will also have an in-house, drive-through pharmacy.

The new center, which will be funded in part by federal Health Infrastructure Investment Program grants, will be located on the site of the former Mountaineer Opry House and will replace the existing Valley Health facility at One Harbour Way - a location that has outgrown its boundaries to meet the community's demand for services.

In addition to infusing better access to medical, dental, behavioral health and pharmacy services in Milton, the new health center will also benefit the community's economy. Valley Health currently employs approximately 35 people in Milton and will employ 10 to 20 more after the new site opens. The payroll dollars associated with that employment, estimated at \$3 million, generate a great impact not only in Milton, but in surrounding communities, too.

Valley Health has been operating in Milton since the 1980s, beginning at Grant Medical Center before moving to the current space on Harbour Way. Grant Medical Center was one of Valley Health's first outposts for rural primary care. Organizational leaders, Steven Shattls and Debbie Zuberbuehler, both who have been an integral part of Valley Health's growth, spoke during the groundbreaking event about their pride in being able to once again advance the level of care that Valley Health can deliver to the people of Milton.

The new Valley Health – Milton health center is due to be completed in the summer of 2019.





## PROACT Partnership

In a community inundated with a need for substance use treatment options, Valley Health joined forces with community healthcare leaders in 2018 to continue its work to be part of the solution. The organization PROACT (Provider Response Organization for Addiction Care and Treatment) was formed as an “all-in-one referral point” for those affected by substance use disorder. Valley Health oversees PROACT’s Medication-Assisted Treatment Program and offers its expertise to other providers at the center.

PROACT will serve as an entry point for those suffering from substance use disorder, offering a one-stop-shop capable of addressing patients’ medical, social and behavioral issues through a variety of outpatient treatment options, including medication-assisted treatment, clinical assessments, peer recovery, individual and group therapy and workforce preparedness training.

While supporting this important new organization, Valley Health continues to actively operate a variety of substance use treatment programs within its own network. PROACT is simply one more way Valley is working to strengthen the community by caring for those suffering at the hands of addiction.



Photo Credit: Sholten Singer/The Herald-Dispatch

The newly constructed PROACT facility opened for business in October and is located on the corner of 20th Street and 8th Avenue in Huntington. PROACT partners include Cabell Huntington Hospital, St. Mary’s Medical Center, Marshall Health, Thomas Health and Valley Health Systems.



# REACHING COMMUNITIES from the East to the West

## Behavioral Health Services Available at Upper Kanawha

**A**t the eastern edge of Valley Health's coverage area sits the community of Cedar Grove in Kanawha County. As one of the more rural and underserved communities in the service area, Valley recognized the need for behavioral health care and expanded service offerings at its Upper Kanawha health center. In October 2018, the additional services at Upper Kanawha marked 12 of Valley Health's 15 core primary care centers that now offer an integrated model of care to holistically address patients' needs, both body and mind. Previously, Cedar Grove and the surrounding area had limited access to this much-needed care.

Coming on board to meet the demand for behavioral health service was Lindsey Kitchen, PsyD. Dr. Kitchen is a licensed psychologist who provides behavioral health services to patients at the Upper Kanawha health center on Mondays, Tuesdays, and Thursdays to address

a variety of mental health conditions as part of her patients' care team.

Dr. Kitchen came to Valley Health after receiving part of her training here. She was Valley Health's first pre-doctoral intern, and during the year she spent in the program, she dedicated one day per week to the Upper Kanawha site providing services to primary care patients and those enrolled in the Black Lung Program.

Valley Health's behavioral health pre-doctoral program has since grown. "It's great to see a product of that program be successfully integrated into our network as an employee," said Valley Health's Behavioral Health Administrator, Rachel Merino. "It's very satisfying to see one of our former interns now providing our patients convenient access to quality behavioral health care on an ongoing basis."



## Optical and Psychiatry Services Accessible at Wayne

September marked expanded service offerings at Valley Health – Wayne with the addition of two new providers.

Beginning Sept. 17, patients gained access to a full breadth of clinical and retail optical services four days a week, Monday through Thursday, with the addition of optometrist, Dr. Elizabeth DiStefano and optician, Ted Lambert.

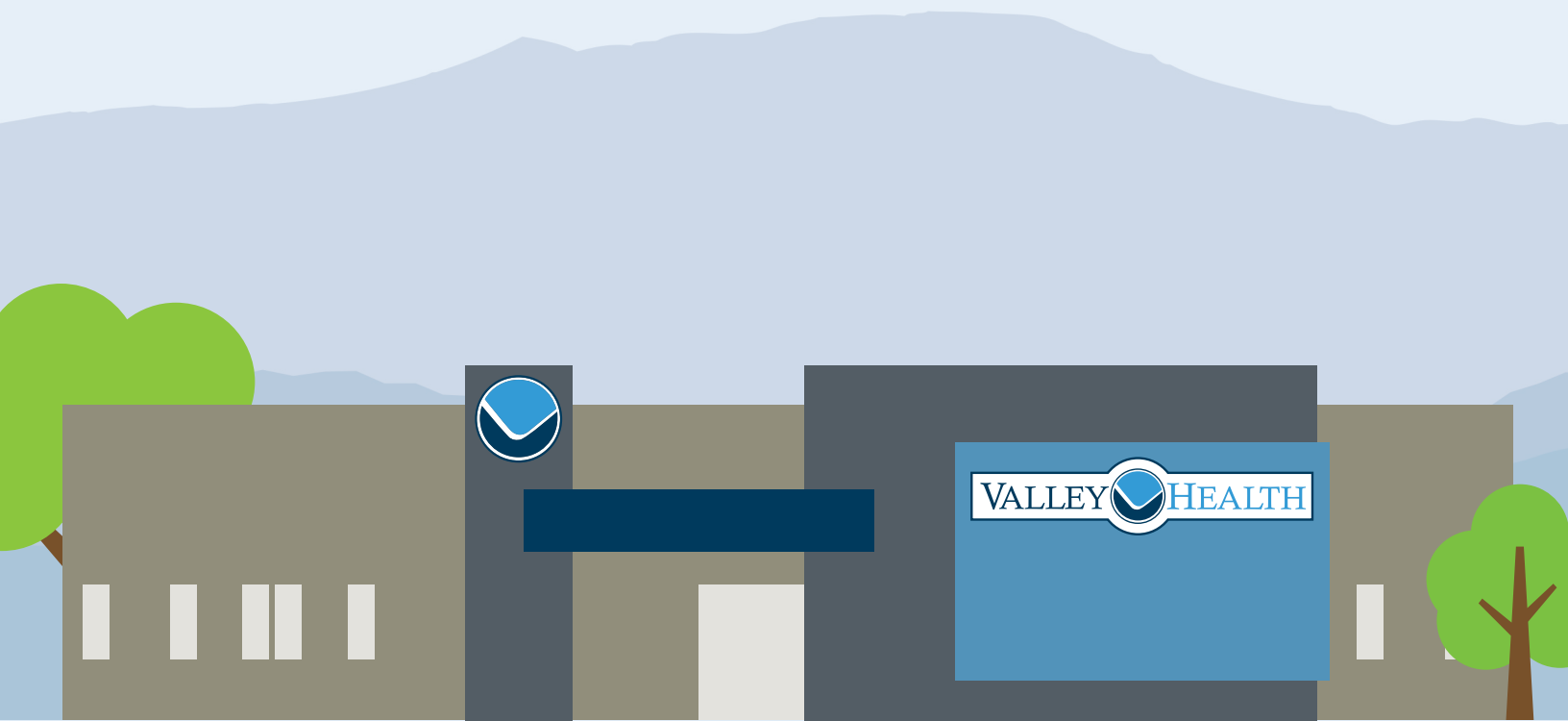
Dr. DiStefano provides eye exams, vision tests, contact lens exams and fittings, red eye exams, eye disease diagnosis and foreign object removal. Mr. Lambert fits eyeglass lenses and frames, contact lenses and other devices to correct eyesight.

Valley Health – Wayne also expanded its behavioral health services, welcoming Wayne native, Jordan Adkins, PMHNP,

to its team. Jordan supplements the counseling services that Colleen Caldwell-McComas and Michael Goldman provide, augmenting the behavioral health team's ability to deliver mental health services in an integrated and holistic manner.

As a psychiatric mental health nurse practitioner, Jordan provides psychiatric evaluation and medical treatment, including the prescription and management of medications for patients who have anxiety, depression and other psychiatric disorders.

We welcome the addition of these and other new members of our team this year as Valley Health continues to grow as the region's leader in comprehensive primary care.



# WIC Creates NEW TOUCHPOINTS

**W**IC was formally created by an amendment, presented by Senator Hubert Humphrey, to the Child Nutrition Act of 1966 on September 26, 1972. The legislation established a Special Supplemental Food Program for Women, Infants, and Children (WIC) as a two-year pilot program.

Valley Health got its start in 1975 and by 1980 was instrumental in bringing WIC to rural communities in Lincoln, Wayne and Cabell counties. Valley Health became West Virginia's largest regional agency in July 1984 when it added Boone, Putnam and Kanawha counties to the Valley Health WIC Program.

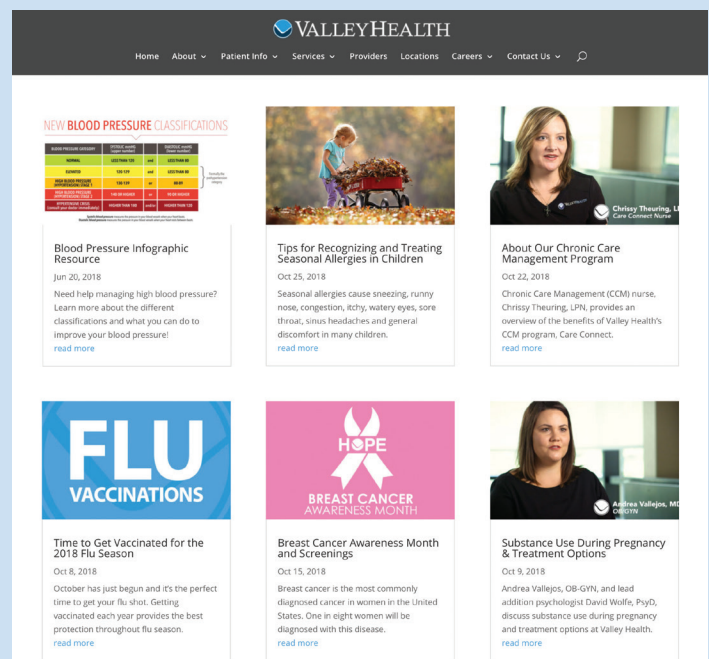
Valley Health has provided WIC nutrition counseling, breastfeeding promotion and support, health screenings, referrals and food benefits to eligible community members for 38 years. Valley Health - WIC also participates in an immunization grant which offers screening and referral, when necessary, and the USDA Farmers Market Nutrition Program.

In addition to these services, WIC requires providers to work in our local communities each month partnering with other agencies and groups. This provides Valley Health WIC the opportunity to highlight our services and use our experts in nutrition and lactation to present to community organizations, health care professionals, child care centers, WIC vendors and potential WIC participants. These outreach efforts increase awareness of what WIC offers and help decrease any stigma attached to participating in a federal program like WIC.

Each local WIC agency submits annual plans outlining goals for their outreach efforts. For 2018 one of our goals was to increase our contact and provide WIC information to local resources, community agencies, and coalitions working to decrease the opioid epidemic in our state. We began the year with a presentation by Valley Health's Rebecca Denning, PsyD, and Britni Ross, PsyD, on opioids and treatment plans for patients suffering from substance use disorder. This provided our staff a better understanding of participants who suffer from substance use disorder. A handout was provided on ways to comfort babies going through neonatal abstinence syndrome, which has proved to be extremely helpful to our participants. We provided WIC information to recovery centers, Medication-Assisted Treatment Centers, Lily's Place and Cabell Huntington Hospital's NTU unit. We also joined the local coalition Healthy Connections whose goals are to decrease stigma associated with substance use disorder and to provide support services and referrals to women who are pregnant or have young children that are in recovery or want to begin their journey to recovery. We also hosted WIC clinics at River Valley Center for Addiction, Recovery, and Education (RV CARES) where WIC services are initiated for those family members who were eligible for WIC. Valley Health WIC also provided presentations to group therapy sessions at local Medication-Assisted Treatment programs for pregnant women. Finally, WIC had a booth at Healthy Connections first annual walk *All Walks of Recovery* to celebrate recovery. In addition to these efforts, Valley Health WIC held mobile WIC clinics at Head Start Centers in multiple counties within our service area.

## Online EDUCATION

**A**s a community health center network, Valley Health wants to be viewed as a valued source of health information for those we serve. To support that effort outside of our health centers, Valley Health has enhanced its website to include a *Health Notes* section filled with informational articles and videos from our providers covering a variety of pertinent health topics. The content has been actively used to expand our organization's presence and engagement on social media platforms and to benefit the health education of our staff, patients and the community at large. *Health Notes* will continue to be a priority as Valley Health moves forward into 2019.



# New to the NEIGHBORHOOD

## New Provider Spotlights



**Ryan Cicenias, MD**

Internal Medicine, Pediatrics  
Coal Grove, Upper Kanawha

**Education:**

Joan C. Edwards School of Medicine,  
Marshall University

**Residency:**

Joan C. Edwards School of Medicine,  
Marshall University



**Courtney Barker, PharmD**

Pharmacy  
East Huntington

**Education:**

Marshall University  
School of Pharmacy

**Residency:**

Valley Health Systems, Inc.



**Elizabeth DiStefano, OD**

Optometry  
East Huntington, Wayne

**Education:**

Indiana University School  
of Optometry

**Externships:**

Atwater/Community Eye Care Center,  
Indianapolis Eye Care Center,  
Quantico Naval Clinic,  
and Aran Eye Associates



**Jordan Adkins, PMHNP-BC**

Behavioral Health  
Wayne



**Kellee Boster, PsyD**

Behavioral Health  
East Huntington, Highlawn



**Amber Bramlee, FNP-BC**

Family Medicine  
Teays Valley



**Mikaela Huddleston, MSW, LCSW**

Behavioral Health  
Highlawn



**Tonya Lewis, FNP-C**

Family Medicine  
Coal Grove, Huntington Middle/  
Southside Elementary, Southside



**Shelby McGuire, PsyD**

Behavioral Health  
East Huntington, Highlawn,  
Southside



**Stephanie Moran, MA, NCC, LPC**

Behavioral Health  
East Huntington



**Erica Morgos, PMHNP-BC**

Behavioral Health  
East Huntington



**Ellen Newhouse, FNP-BC**

Family Medicine  
VH - at FoodFair



**Sarah Shannon, FNP-C**

Family Medicine  
Coal Grove



**Lisa Summers, FNP-BC**

Family Medicine  
Hurricane, Upper Kanawha



**Christopher Surber, LPC**

Behavioral Health  
East Huntington



# PROVIDER DIRECTORY

## Audiology

Pamela Adkins, MS, CCC-A  
Kimberly Legg, MS, CCC-A  
Robin Porter, MA, CCC-A

## Behavioral Health

### *Michael Hackman, MD*

Whitney Fulton, MD  
Kelly Logan, DO

Jordan Adkins, PMHNP-BC  
Erica Morgos, PMHNP-BC  
Stacy Sheppard, PMHNP-BC

Kellee Boster, PsyD  
Dorothy Boston, PsyD  
Rebecca Denning, PsyD  
Martha Fernandez, PsyD  
Lindsey Kitchen, PsyD  
Shelby McGuire, PsyD  
K. David Oxley, PsyD  
Kelcey Perkins, PsyD  
Britni Ross, PsyD  
Kimilee Wilson, PsyD  
David Wolfe, PsyD

Colleen Caldwell-McComas, LPC, NCC  
Kelli Chapman, LPC  
Dawna Eplion, LPC  
Michael Goldman, LPC, ALPS, LCSW

Tammi Lewis, LPC, AADC  
Stephanie Moran, MA, NCC, LPC  
Carolyn Scarberry, LPC  
Sherri Steele, LPC, ALPS  
Christopher Surber, LPC  
Terry Vance, LPC, NCC  
Laura Wiley, LPC

Mikaela Huddleston, MSW, LCSW  
Gina Lendvay, LICSW

## Dentistry

### *Andrea Kelly, DDS*

Stephen Beckett, DDS  
Daniel Brody, DMD  
Stephen Minor, DDS  
Nabila Raja, DDS  
Kara Smith, DDS  
Kevin Stephens, DMD

Meagan Easterling, RDH  
Brandi Epperly, RDH  
Aimee LeBlanc, RDH  
Rebecca Secoy, RDH  
Brandy Tomblin, RDH  
Tina Triplett, RDH  
Misty Wido, RDH

## Ear, Nose and Throat

*Thomas Jung, MD, PhD*  
*Mark Sheridan, MD, FACS*

## Family Medicine

### *Scott Davis, MD*

Shelley Bailey, MD  
Anna "Kate" Corbin, MD  
Jenifer Hadley, DO  
Zachary Hansen, MD  
Buddy Hurt, DO  
Artina Lane, MD  
Leigh Ann Levine, DO  
Amy Marsteller, MD  
Korey Mitchell, MD  
Mansoor Raja, MD  
Enrique StaAna, Jr., MD  
Fred Tzystuck, MD  
Mathew Weimer, MD  
David Whitmore, DO, FAAFP

Bethany Anderson, FNP-BC  
Amber Bramlee, FNP-BC  
Chelsey Crutchfield, FNP-C  
Lauren Floyd, FNP-C  
Bridgett Freeman, FNP-BC  
Rhonda Leffingwell, FNP-C  
Tonya Lewis, FNP-C  
Lindsey Litchfield, FNP-BC  
Stephanie Maynard, FNP-C







Jeremy McDaniel, FNP-BC  
 Gail Moore, FNP-BC  
 Zachary Moore, FNP-BC  
 David Morris, FNP-C  
 Ellen Newhouse, FNP-BC  
 Jessica Perdue, FNP-BC  
 Traci Phillips, FNP-BC  
 Lisa Rakes, FNP-C  
 Terry Roberts, FNP-BC  
 Susan Runyan, FNP-BC  
 Linda Salem, FNP-C  
 Sarah Schindler, FNP-BC  
 Sarah Shannon, FNP-C  
 Lisa Summers, FNP-BC  
 Brett Wellman, FNP-C  
 Jennifer Wellman, FNP-BC  
 Molly Bennett-Beckley, PA-C

**General Medicine**

Linda Eakle, DO  
 Kimberly Neely, AGACNP-BC, CDE

**Internal Medicine**

Ryan Cienas, MD  
 Edward Moran, Jr., MD  
 Manimekalai Raman, MD, FAAP  
 Christine Westfall, MD  
 Leonard White, MD  
 Daniel Whitmore, DO, FAAP

**OB/GYN**

***Ellie Hood, MD***  
***Andrea Kellar, MD***  
 Richard Booth, MD  
 Ashleigh Clickett, DO  
 Joseph Derosa, DO  
 Rafael Molina, MD  
 Herbert Myers, DO  
 Aaron Scaife, MD  
 Andrea Vallejos, MD

**Optometry**

***Alvin Ginier, OD***  
 Elizabeth DiStefano, OD

**Pediatrics**

***Daniel Whitmore, DO, FAAP***  
 Megan Bartram, MD  
 Aaron Brownfield, MD  
 Ryan Cienas, MD  
 Tierra Crockett, MD  
 Shea Goodrich, MD  
 Shannon Smith Maxey, MD  
 Edward Moran, Jr., MD  
 Jordan Nash, MD  
 Manimekalai Raman, MD, FAAP  
 Misty Strow, MD  
 Christine Westfall, MD  
 John Wiltz, MD

**Pharmacy**

***Ashley Houvouras, PharmD***  
 Courtney Barker, PharmD  
 David Davis, PharmD  
 Nicole Thacker, PharmD  
 Melissa Tubbs, PharmD  
 Khristina Via, PharmD  
 Megan Peterson, RPh, CDE

**Ultrasound**

Courtney Beter, RDMS  
 Amanda Buell, RDMS  
 Breanna Shannon, RDMS  
 Felicia Ward, RDMS

*Section Chiefs & Department Leaders are in bold and italics.*

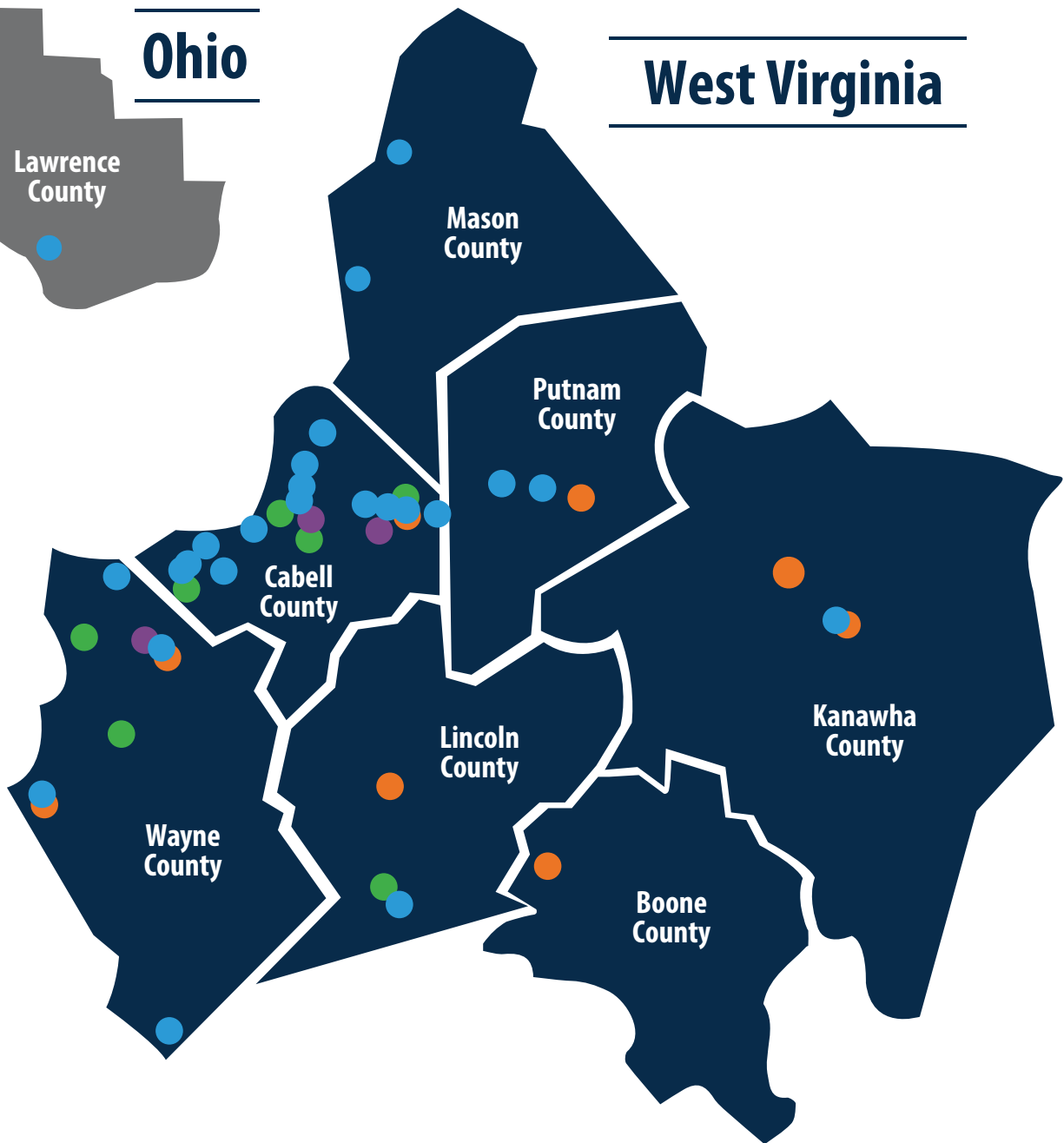




# Ohio

Lawrence County

# West Virginia



## Health Centers

- 10th Street
- A Woman's Place
- Coal Grove
- Ear, Nose and Throat
- East Huntington
- FoodFair
- Fort Gay
- Gallipolis Ferry
- Harmony House
- Harts
- Highlawn
- Huntington
- Hurricane
- Milton
- Point Pleasant Pediatrics
- Prestera

- PROACT
- Southside
- Stepptown
- Teays Valley
- Upper Kanawha
- Wayne
- Westmoreland

## School-Based Centers

- Cabell Midland
- Harts Intermediate
- Huntington High
- Huntington Middle/Southside Elementary
- Mountwest
- Spring Valley
- Wayne High

## Pharmacies

- East Huntington
- Huntington
- Wayne

## WIC Locations

- Boone County
- Cabell County
- Fort Gay
- Kanawha County
- Lincoln County
- Putnam County
- Upper Kanawha
- Wayne

***“It is the mission of Valley Health to provide quality healthcare to all individuals, emphasizing outreach to those who are underserved.”***



[valleyhealth.org](http://valleyhealth.org)

